

PRESS RELEASE

PSA BARMM Officially Kicks Off the 51st Nutrition Month Celebration with Vigor and Advocacy on Health and Wellness

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Melanie S. Mohammad, Statistical Specialist II and GAD & Nutrition Focal Person, presents the line-up of activities for the 2025 Nutrition Month celebration.

09 July 2025, Cotabato City – The Philippine Statistics Authority – Bangsamoro Autonomous Region in Muslim Mindanao (PSA BARMM) has successfully kicked off the 51ST Nutrition Month Celebration on July 09, 2025, held at Sheik Makhдум Hall, with the theme, *“Centered on promoting a healthier lifestyle and the importance of preparedness and nutrition in daily life”*.

The program started on a light and engaging note as employees participated in an interactive activity by nominating colleagues whom they consider the “Healthiest” among their peers; one male and one female, setting the tone for a celebration focused on wellness, self-care, and health consciousness.

Chief of SOCD Edward Donald F. Eloja emphasized in his opening message the agency’s commitment to supporting activities that promote physical and mental well-being among its employees and stakeholders.



Moreover, OIC Regional Director Engr. Akan G. Tula underscored the importance of always carrying an emergency kit, especially in the face of unforeseen circumstances. Additionally, he encouraged everyone always to be prepared, linking the message to both physical health and disaster preparedness.

To highlight the month-long celebration, Melanie S. Mohammad, Statistical Specialist II, Gender and Development (GAD), and Nutrition Focal Person, presented the line-up of Nutrition Month activities, which include health challenges, wellness talks, and engaging competitions for employees that aim to promote and maintain the well-being of the PSA BARMM employees.



ENGR. AKAN G TULA
OIC-Regional Director

NDM/MSM/ZAPA